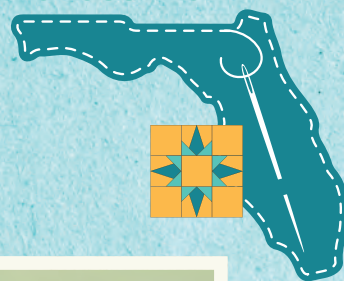


Good Morning Sunshine

36" Octagon Table Runner

THE GREAT SEWING
adventure
ACROSS FLORIDA



Designed by
Laura Strickland
for Orange Blossom Quilt Design Studio

MATERIALS:

1 yard AFSH Border print
1/2 yard Blender, Tapioca
1/8 yard Mixed Fruit
1/2 yard Blender, Tangerine
1/4 yard Blender, Orange
1/4 yard Blender, Tomato
1/4 yard Blender, Kelly Green
1/4 yard Blender, Green Apple
1/8 yard Blender, Lime
1-1/4 yard Blender, Cypress
1/8 yard Blender Sea Spray
1/4 yard Blender, Yellow
1/4 yard Blender, Butter
1/8 yard Blender, Citron
1/4 yard Blender, Carnation
1/8 yard Blender, Watermelon
1/8 yard Blender, Fushisa
48" square of batting
1 yard of 24" wide fusible webbing

All blenders that are not part of the AFSH line are Rapture Blenders. All 1/4 and 1/8 yard cuts can be fat quarters or fat eighths. Any fabrics not used in the following cutting instructions are used for appliques.

READ THROUGH ALL INSTRUCTIONS BEFORE BEGINNING. PRESHRINK AND PRESS FABRICS. SEW PIECES RIGHT SIDES TOGETHER (RST) AND USE A 1/4" SEAM ALLOWANCE THROUGHOUT. WOF = WIDTH OF FABRIC; HST = HALF SQUARE TRIANGLE

CUTTING INSTRUCTIONS:

From Border Stripe:

Cut [2] — 9" × LOF strips. See instructions and diagrams for specific cutting of triangles.

From Mixed Fruit:

Cut [1] — 4-1/2" square **(B)**

From Blender, Tapioca:

Cut [4] — 3" × 5-1/2" rectangles **(C)**

Cut [8] — 5-3/4" squares **(D)**

Cut [4] — 3/4" × 12-1/2" rectangles **(E)**

Cut [12] — 3/4" × 5-3/4" rectangles **(F)**

From Blender, Tangerine:

Cut [4] — 3-1/2" squares **(G)**

Cut [8] — 5-5/8" squares **(H)**

Cut [8] — 5-1/2" squares **(T)**

From Blender, Orange:

Cut [4] — 1" × 12-1/2" rectangles **(J)**

Cut [8] — 1" × 5-3/4" rectangles **(K)**

Cut [8] — 3" squares **(L)**

From Blender, Kelly Green:

Cut [2] — 3-1/2" squares, cut once on diagonal **(M)**

From Blender, Tomato:

Cut [4] — 3-1/2" squares, cut once on diagonal **(N)**

From Blender, Cypress:

Cut [4] — 6-1/2" × 12-1/2" rectangles **(O)**

Cut [12] — 2-1/2" squares **(P)**

Cut [8] — 3-1/2" × 6" rectangles **(Q)**

Cut [4] — 3-1/2" squares **(R)**

Cut [4] — 2-1/4" × WOF strips, for binding

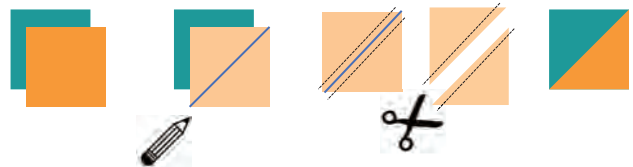
From Blender, Sea Spray:

Cut [4] — 2-1/2" squares **(S)**

BLOCK ASSEMBLY:

FLORIDA STAR BLOCK

1. Uses [4] — Blender, Cypress 3-1/2" squares **(R)** to [4] — Blender, Tangerine 3-1/2" squares **(G)**. Draw a line on the diagonal on the back side of the Blender, Tangerine square. Sew 1/4" on both sides from the drawn line.
2. Cut on the drawn line. Press the seam. Trim the blocks using a Bloc-Loc ruler to 2-1/2" squares. Make [8] HST.



3. Using the HST from Step 1, [1] — Blender, Cypress 2-1/2" square **(P)** and [1] Blender, Sea Spray 2-1/2" square **(S)**, create a 4-patch unit. Sew [1] HST to the Blender, Cypress square, sew the second HST to the Blender, Sea Spray square. Press the seams.
4. Sew the [2] units together to form the 4-patch unit. Press the seam. Make [4]. The four patch unit should measure 4-1/2" square. See Figure on next page.

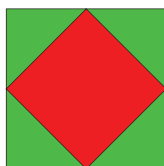


NOTE: If you have never paper pieced before, don't be afraid! Find a tutorial online. It is easier than you think.

- Using the foundation paper piece diagram for the side squares, create [4] foundation paper pieced units. Begin with the Blender, Tapioca center diamond (C). Add the [2] Blender, Cypress side triangles (Q) then the [2] Blender, Tomato HST corner triangles (N). Make [4]. Each should measure 4-1/2" square.



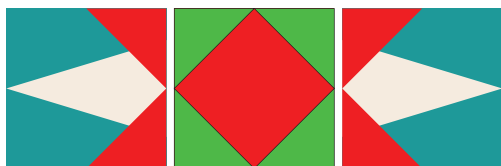
- Using the foundation paper piece for the center economy block, start at the center diamond (B) and add the [4] HST corner squares (M). Make [1]. Should measure 4-1/2" square.



- Sew [1] Step 5 unit between [2] Step 4 units. Press the seams. Make [2] each should measure 4-1/2" x 12-1/2".



- Sew [1] Step 6 unit between the remaining Step 5 units. Press the seams. Make [1]. Should measure 4-1/2" x 12-1/2".

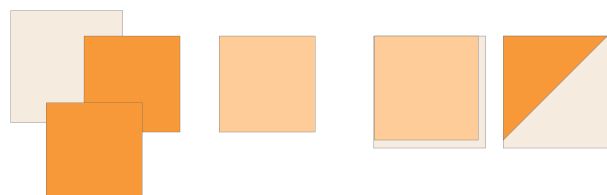


- Sew the Step 8 unit between the [2] Step 7 units. Press the seams. Make [1]. Should measure 12-1/2" square. Your Florida Star Block is complete. See figure in next column.

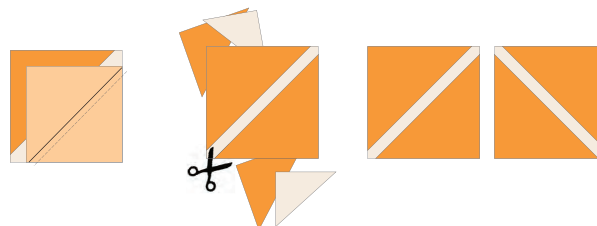


ORANGE SLICE BLOCK

- Mark a diagonal line on the [2] — Blender, Tangerine 5-5/8" squares (H). Place [1] square in the upper left corner of [1] — Blender, Tapioca 5-3/4" square (D). Sew along the diagonal line. Press the Blender, Orange into the upper left corner to form a triangle. Trim the [2] bottom layers away leaving a 1/4" seam allowance.



- Repeat this process in the upper right corner of a second Blender, Tapioca 5-3/4" square (D) with the remaining Blender, Tangerine 5-5/8" square (H). Make [2] mirror image blocks. Should measure 5-3/4" square.

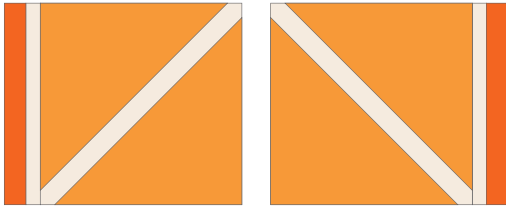


- Mark the diagonal on the [2] Blender, Tangerine, 5-1/2" squares (T). Sew on to the lower right corner of the Step 1 unit with the 5-5/8" triangle in the upper left corner. Sew along the diagonal line. Press the Blender, Tangerine into the lower right corner to form a triangle. Trim the bottom [2] layers away leaving a 1/4" seam allowance. Repeat by sewing the second Blender, Tangerine, 5-1/2" square to the lower left corner of the Step 1 unit with the 5-5/8" triangle in the upper right corner. Make [2] mirror image blocks. Should measure 5-3/4" square.

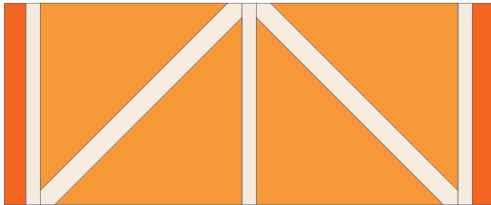
4. Sew [1] — Blender, Tapioca $3/4" \times 5-3/4"$ rectangles (**F**) to [1] — Blender, Orange $1" \times 5-3/4"$ strip (**K**). Press the seam. Make [2]. Should measure $1-1/4" \times 5-3/4"$.



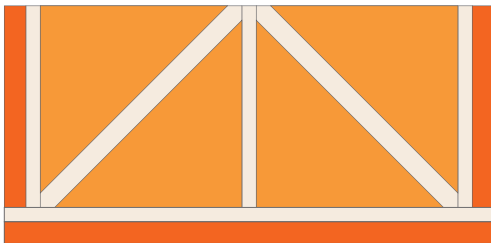
5. Sew the Step 4 units to the side of the Step 3 units. Press the seams. Make [2].



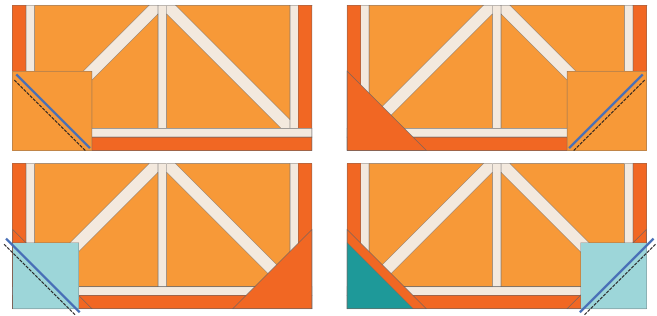
6. Sew [1] — Blender, Tapioca $3/4" \times 5-3/4"$ rectangle (**F**) between the [2] Step 2 units. Press the seams. Make [1]. Should measure $5-3/4" \times 12-1/2"$. Trim ends if needed to correct measurement.



7. Sew the Blender, Tapioca $3/4" \times 12-1/2"$ rectangle (**E**) to the Blender, Orange $1" \times 12-1/2"$ rectangles (**J**). Press the seam. Sew this pair to the bottom of the Step 6 unit. Press the seam. Make [1]. Should measure $6-1/2" \times 12-1/2"$.



8. Mark a diagonal on [2] Blender, Orange $3"$ squares (**L**) and the [2] Blender, Cypress $2-1/2"$ squares (**P**). Lay the [2] Blender, Orange squares in the lower corners. Sew along the drawn line.
9. Press the Blender, Orange into the corner to form a triangle. Trim away the [2] lower layers leaving a $1/4"$ seam allowance.
10. Lay the [2] Blender, Cypress $2-1/2"$ squares (**P**) in the lower corners. Sew along the drawn line. Press the Blender, Cypress into the corner to form a triangle. Trim away the [2] lower layers leaving a $1/4"$ seam allowance. Make [1]. Should measure $6-1/2" \times 12-1/2"$.

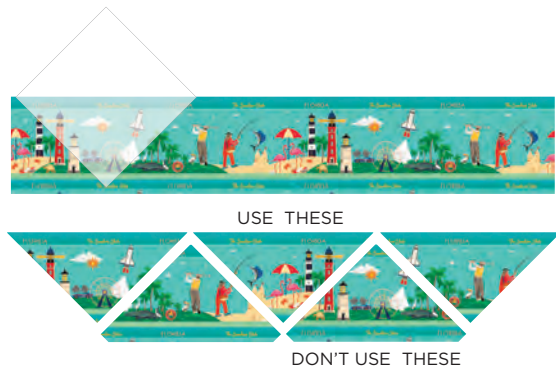


10. Sew the Blender, Cypress $6-1/2" \times 12-1/2"$ rectangles (**O**) to the top of the Step 9 unit. Press the seam. Make [4]. Should measure $12-1/2"$ square.



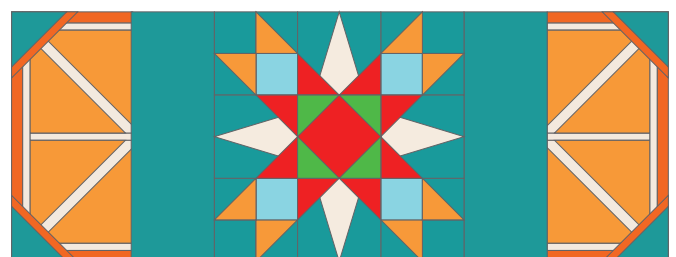
SIDE TRIANGLES

1. Lay a $12-1/2"$ square ruler diagonally on the border stripe print. Lay it so the diagonal runs perpendicular to the border. Line it up and cut each of the diagonal lines measure $12-1/2"$. Make [4] triangles. You should be able to get [2] triangles from each strip.

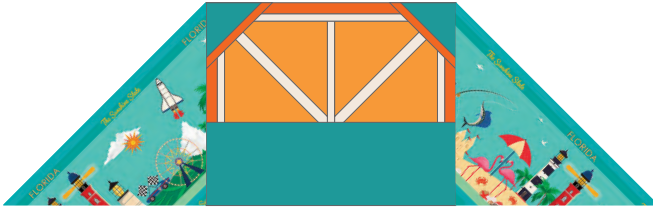


QUILT ASSEMBLY

1. Sew the pieces together similar to a 9-patch. Sew the Florida Star block between [2] Orange Slice blocks. Press the seams.



2. Sew one of the Orange Slice blocks between [2] HST of the border print. Be careful not to stretch out the diagonal sides of the border stripe triangles. Press the seam. Make [2].



3. Sew the Florida Star row between the [2] Step 2 rows. Press the seams. The piecing for the tabletopper is complete.



APPLIQUE INSTRUCTIONS

1. Using the applique diagrams, trace [4] lemons, [4] limes, [4] hibiscus, and [8] strawberries (4 large and 4 small) onto the paper side of fusible webbing.
2. Layer and press the applique drawings onto the appropriate color fabric. See chart.
3. Press the fusible webbing onto the wrong side of the fabric and cut out on drawn lines. Using the picture for reference, layer your appliques onto the pieced tabletopper and press them into place. Complete the lemons first, then the limes. Construct the hibiscus third and finally the strawberries. Once all the appliques are pressed into place your tabletopper is complete. Depending on your fusible instructions, you may need to sew the applique pieces to the tabletopper either before or during the quilting process.

Color	Applique Piece	Quantity Needed
Blender, Tomato	Strawberries	4 large & 4 small
Blender, Kelly Green	Strawberry Stem	8 (4 Large and 4 Small)
Blender, Green Apple	Strawberry Cap	8 (4 large and 4 Small)
Blender, Kelly Green	Lime Zest/Rind	4
Blender, Green Apple	Lime Pulp/Segments	20 (4 center, 8 middle and 8 top)
Blender, Lime	Lime Pith	4
Blender, Yellow	Lemon Zest/Rind	4
Blender, Butter	Lemon Pulp/Segments	20 (4 center, 8 middle and 8 top)
Blender Citron	Lemon Pith	4
Blender, Carnation	Hibiscus Petals	4 of each petal
Blender, Watermelon	Hibiscus Pollen Bubbles	20 (5 for each flower)
Blender, Fuchsia	Hibiscus Stamen	4

FINISHING:

1. Layer the table topper with batting and backing. Quilt as desired. Trim the table topper into an octagonal shape.
2. Join the binding strips to make one long strip. Fold the strip in half with wrong sides together. Sew the binding to the front of the table topper aligning the raw edges with the edge of the table topper and sew 1/4" from the edge.
3. Roll the binding to the back and tack it down by hand.
4. Place it on your table and enjoy!



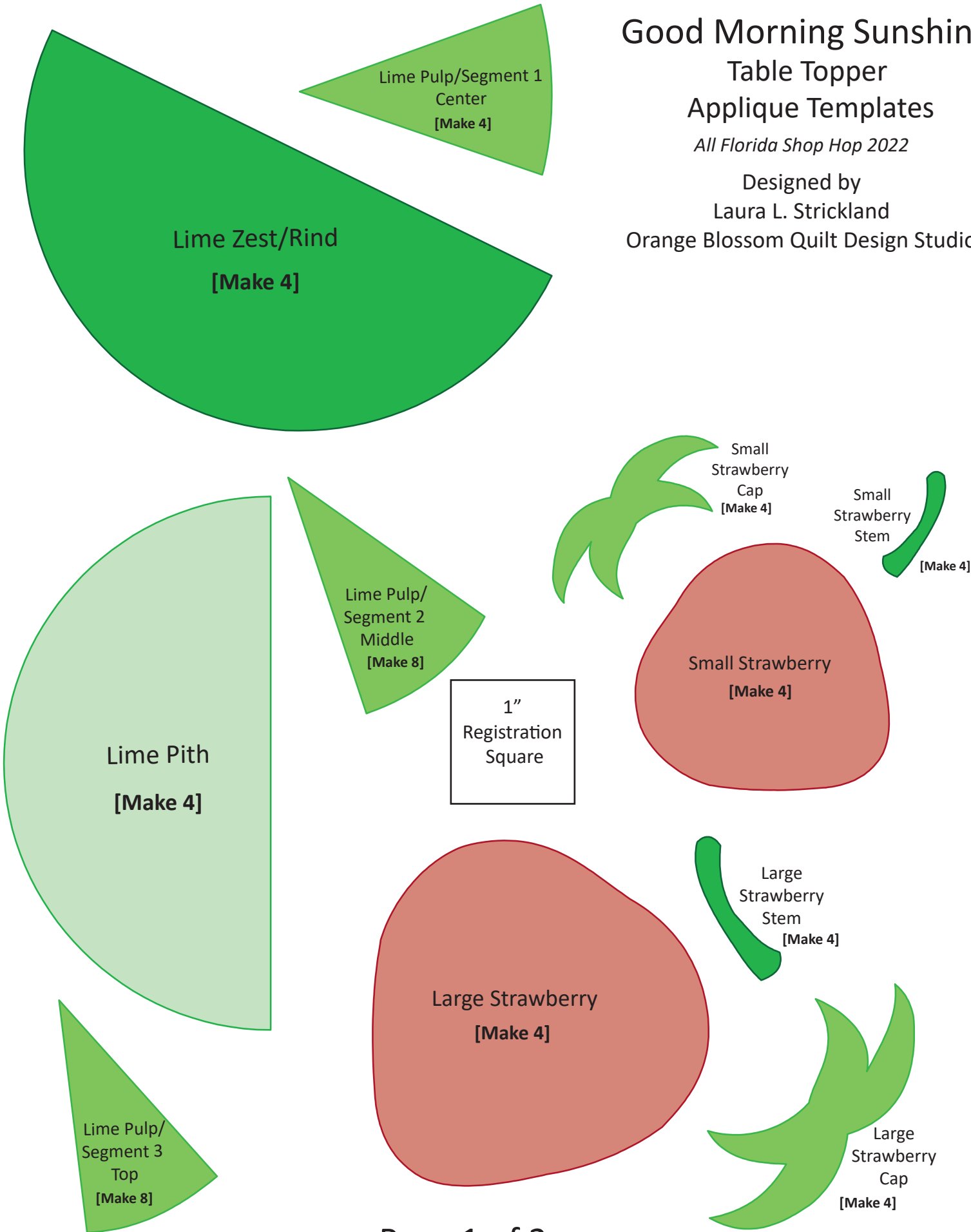
Laura Strickland

Laura Strickland is a quilt pattern and fabric designer as well as art quilter living on the banks of the Mississippi River. She's been quilting for 27 years and loves to teach classes, host quilt alongs, speak to guilds and groups, and host retreats. She's been a brand ambassador for several quilting companies including Accuquilt. She contributes quilt designs regularly to national magazines. You can visit her virtual quilt shop, Orange Blossom Quilt Design Studio at orangeblossomquilt.com, find her on Instagram @orangeblossomquilt and on Facebook: Orange Blossom Quilt Design Studio.

Good Morning Sunshine Table Topper Applique Templates

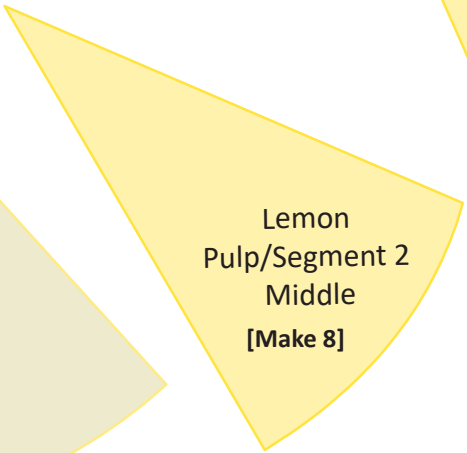
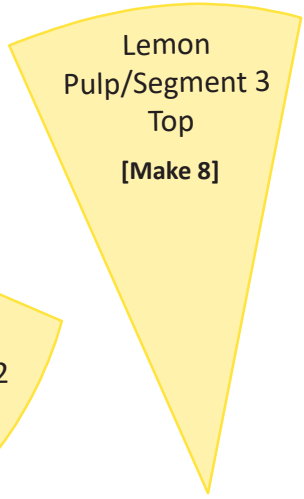
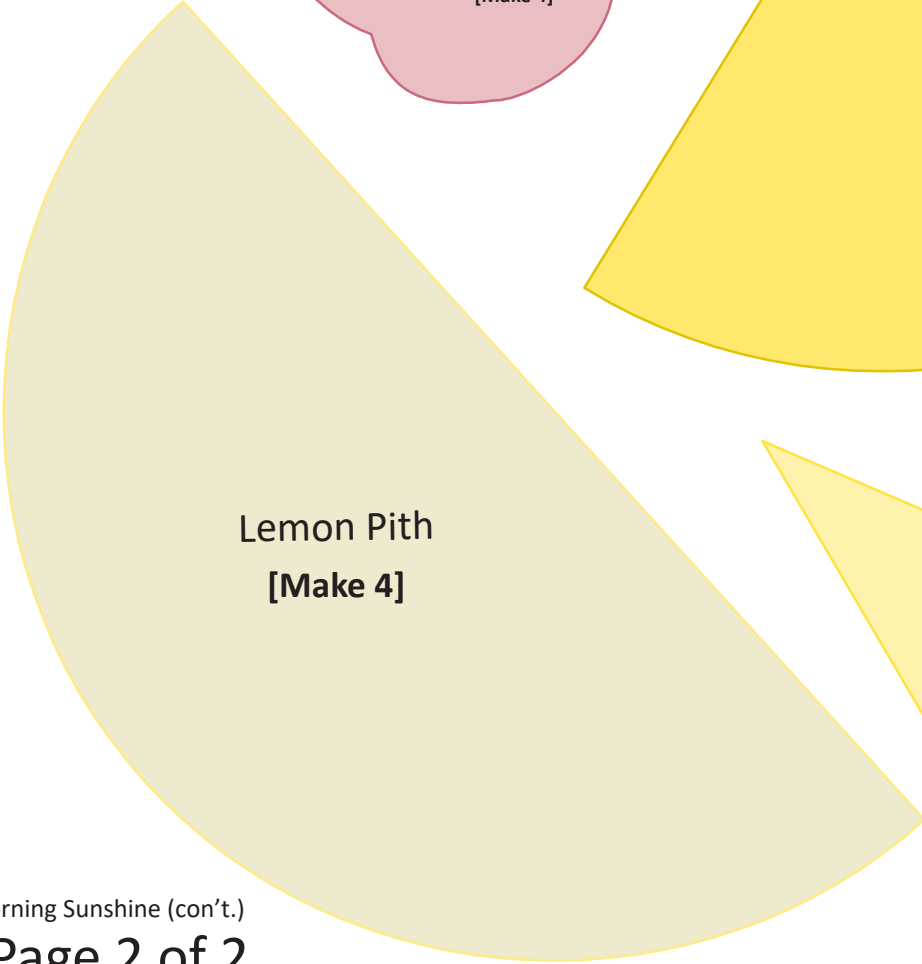
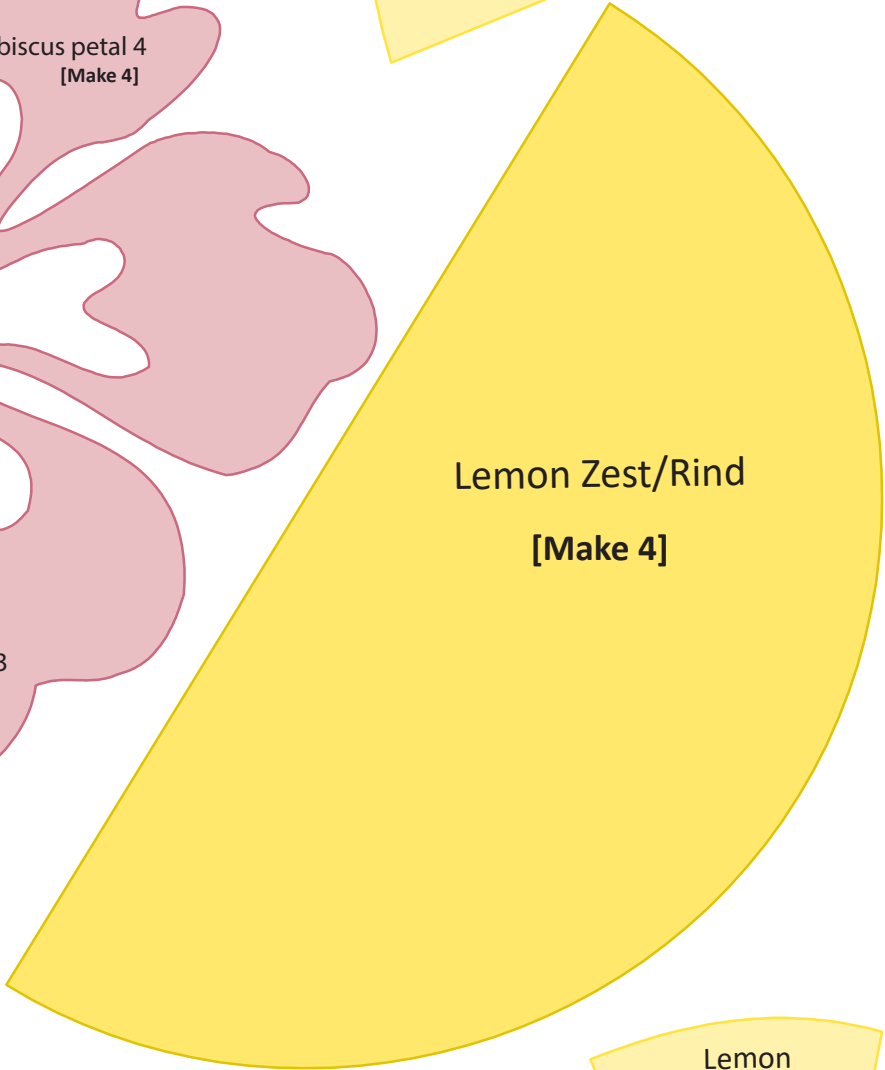
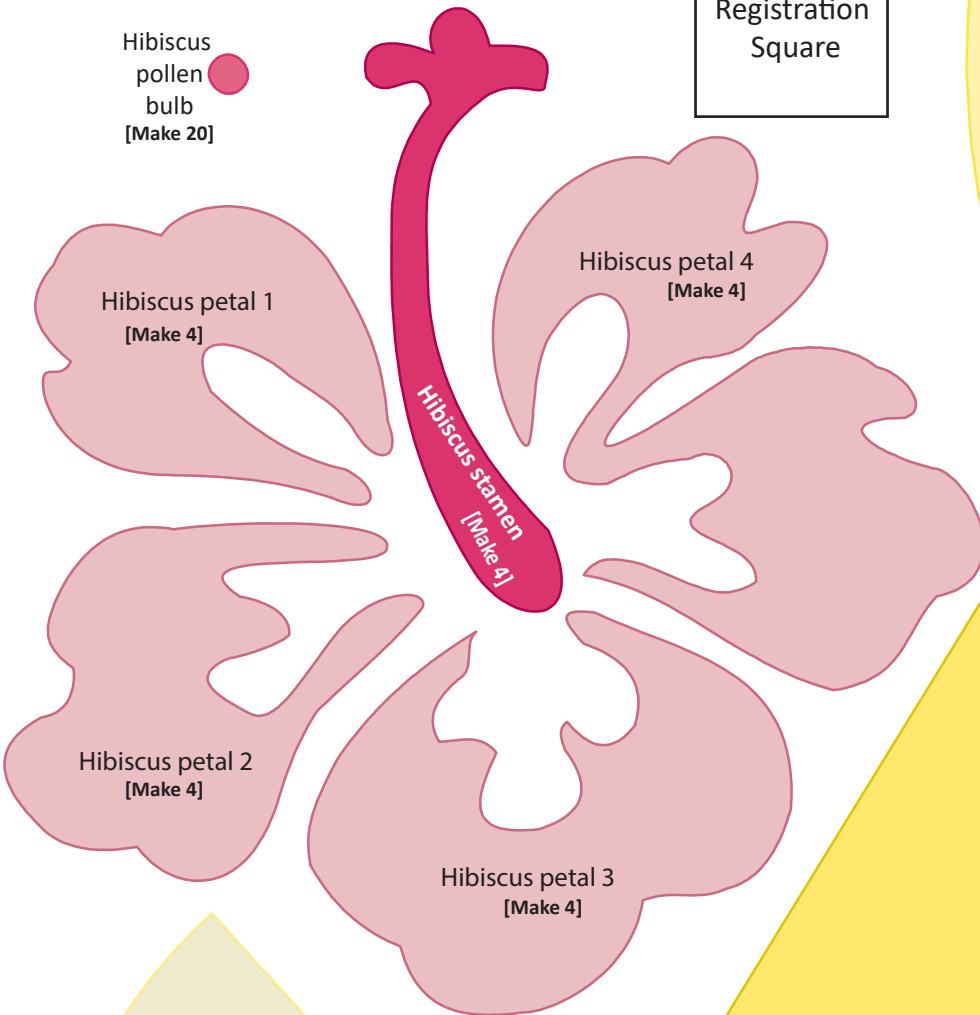
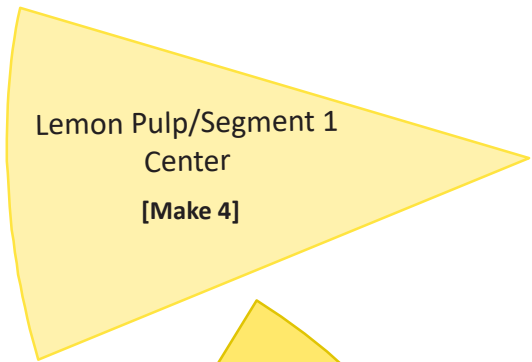
All Florida Shop Hop 2022

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Orange Blossom Quilt Design Studio

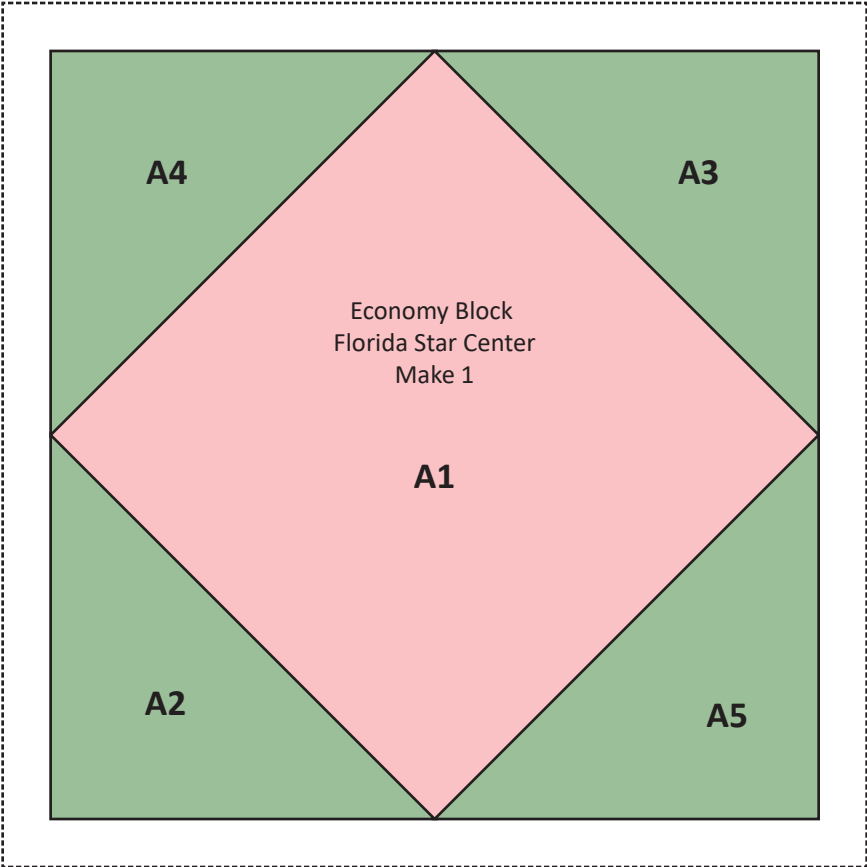


Hibiscus
pollen ●
bulb
[Make 20]

1"
Registration
Square



Foundation Paper Pieced Templates for Good Morning Sunshine Table Topper



*Solid Lines are the sewing lines
Dotted lines are the cutting lines*

